

Abstract

The present study investigated the influence of financial strain and social support on different facets of the well-being of the unemployed in a sample of unemployed adults in Hong Kong. Results revealed that similar to western findings, financial strain was negatively correlated with level of well-being while social support was correlated positively with level of well-being. It was also demonstrated that emotional support and appraisal support had a stronger influence on well-being than instrumental support and informational support did. Family support was also found to be more important than peer support in influencing well-being. In a series of regression analysis, it was also found that social support dominated the prediction of most facets of well-being and financial strain only accounted for a small proportion of variance. Implications of these results were discussed.